



**POST 7 LEGION  
BASEBALL PELIMINARY TRYOUTS/WORKOUT  
JANUARY 28<sup>TH</sup>, 2023  
SPAULDING HIGH SCHOOL GYM  
ROCHESTER, NH  
8:00 AM - 12:00 PM  
AGES 13-19 YEAR OLDS  
\*NO COST\***

**We have two brand new programs:**

- Prep Legion: 13-15 year olds**
- Junior Legion: 14-17 year olds**
- OLD - Senior Legion: 14-19 year olds**

**Contact Info: Craig Walfield ([wallysport@metrocast.net](mailto:wallysport@metrocast.net))**

